

WORD SEARCH BATTLE

Name _____

Nutrition

Date _____

Medium · Find 15 hidden words → ← ↓ ↑ ↗ ↘ ↖ ↙

V	S	O	D	I	U	M	T	K	Z	D	U
G	N	G	L	E	G	U	M	E	S	I	P
H	Y	D	R	A	T	I	O	N	T	Q	D
S	W	C	A	R	B	S	T	A	F	M	A
A	E	E	M	I	N	E	R	A	L	S	I
T	P	B	A	L	A	N	C	E	D	N	L
U	S	P	U	O	R	G	D	O	O	F	Y
R	T	H	E	M	O	A	N	R	O	D	V
A	Q	B	F	T	G	M	I	L	M	Y	A
T	E	V	I	I	I	E	A	M	E	Q	L
E	Q	V	J	E	I	T	B	D	G	P	U
D	T	N	R	S	E	U	E	V	A	Y	E

APPETITE
BALANCED
CARBS
DAILY VALUE
FATS

FOLATE
FOOD GROUPS
HYDRATION
IRON
LEGUMES

MAGNESIUM
MINERALS
OMEGA
SATURATED
SODIUM

BATTLE
A FRIEND

Player 1 _____ Words Player 2 _____ Words

One pen color each. Circle a word in the grid and cross it off the list. Most words wins!

Play online or battle a friend in real time: wordsearchbattle.io/topic/nutrition