

WORD SEARCH BATTLE

Name _____

Mindfulness

Date _____

Medium · Find 15 hidden words → ← ↓ ↑ ↗ ↘ ↖ ↙

C	C	P	S	E	S	N	E	S	C	R	X
V	U	P	A	D	T	C	L	O	U	D	S
Y	R	P	N	T	W	S	A	X	S	K	V
O	I	U	Y	P	I	S	U	Q	H	S	R
B	O	R	E	T	R	E	A	T	I	T	A
S	U	H	X	A	X	N	N	J	O	I	I
E	S	C	G	H	N	E	Y	C	N	L	S
R	G	M	A	N	T	R	A	Y	E	L	I
V	B	L	K	A	B	A	T	Z	I	N	N
E	E	C	V	D	Y	W	P	P	T	E	P
L	W	Z	V	V	C	A	S	O	T	S	B
P	X	C	G	K	C	P	Q	S	H	S	P

AWARENESS

CLOUDS

CURIOUS

CUSHION

EXHALE

KABAT ZINN

LOTUS

MANTRA

OBSERVE

PATIENCE

RAISIN

RETREAT

SENSES

SOUNDS

STILLNESS

BATTLE
A FRIEND

Player 1 _____ Words

Player 2 _____ Words

One pen color each. Circle a word in the grid and cross it off the list. Most words wins!

Play online or battle a friend in real time: wordsearchbattle.io/topic/mindfulness