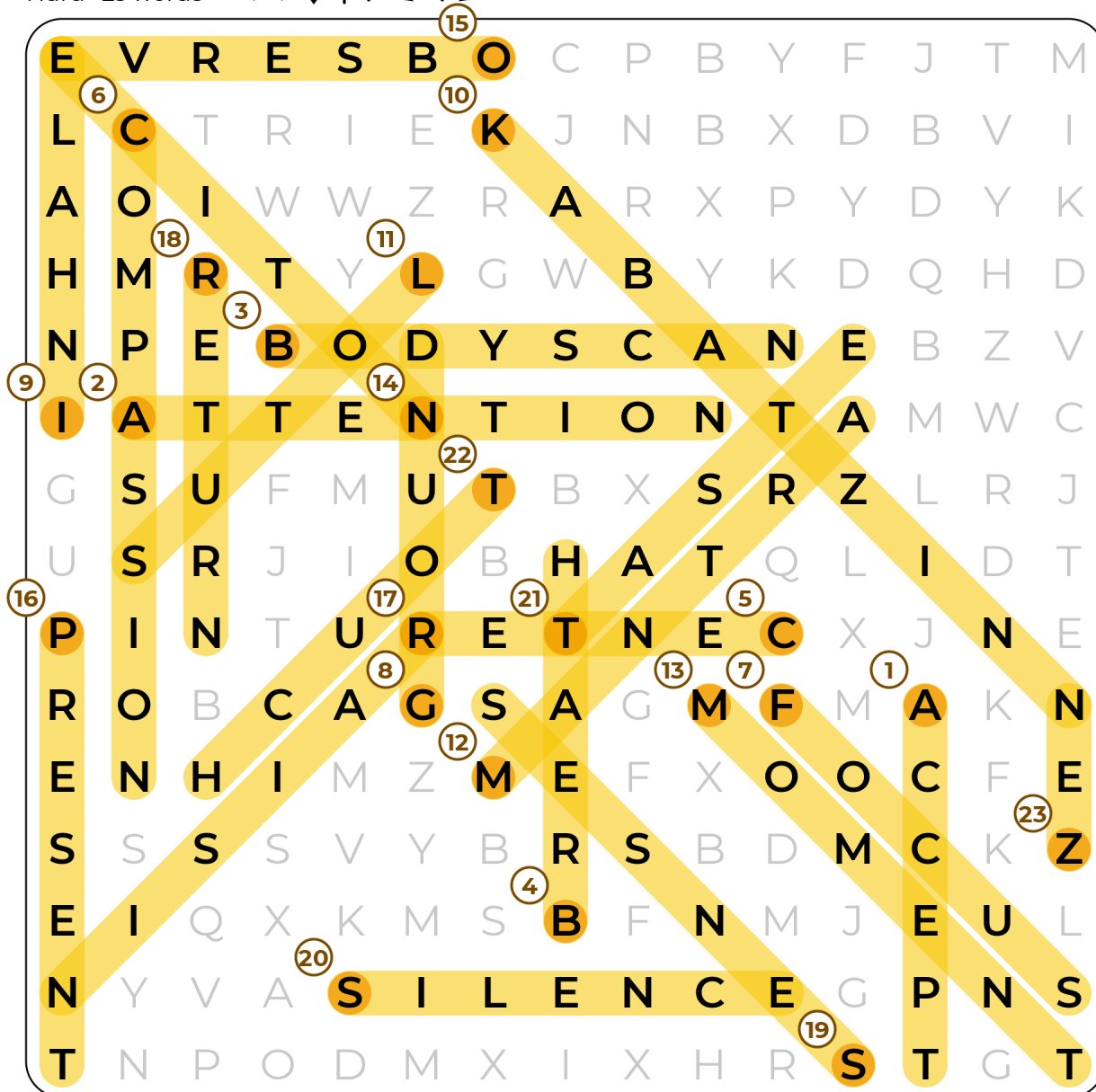


WORD SEARCH BATTLE

Mindfulness Answer Key

Hard · 23 words → ← ↓ ↑ ↗ ↘ ↖ ↙



1. ACCEPT
2. ATTENTION
3. BODY SCAN
4. BREATH
5. CENTER
6. COMPASSION

7. FOCUS
8. GROUND
9. INHALE
10. KABAT ZINN
11. LOTUS
12. MANTRA

13. MOMENT
14. NOTICE
15. OBSERVE
16. PRESENT
17. RAISIN
18. RETURN

19. SENSES
20. SILENCE
21. TASTE
22. TOUCH
23. ZEN