

WORD SEARCH BATTLE

Name _____

Mindfulness

Date _____

Easy · Find 5 hidden words → ↓

B	V	C	F	W	Q	V	B	S	U
Y	O	U	W	L	S	G	R	L	L
P	U	D	C	O	D	M	E	R	F
K	L	P	Y	Z	T	R	T	U	G
T	A	D	N	A	X	I	U	U	V
D	I	C	B	W	T	Q	R	O	U
J	R	U	B	S	O	U	N	D	S
J	Y	F	J	R	O	I	C	A	M
Y	J	N	U	B	R	E	A	T	H
R	X	X	G	L	O	T	U	S	S

BREATH
LOTUS

QUIET
RETURN

SOUNDS

BATTLE
A FRIEND

Player 1 _____ Words

Player 2 _____ Words

One pen color each. Circle a word in the grid and cross it off the list. Most words wins!

Play online or battle a friend in real time: wordsearchbattle.io/topic/mindfulness